



COPING WITH CHALLENGES

79%

of Club members feel like they have someone to talk to when something goes wrong in their life.

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SOCIAL, EMOTIONAL AND PHYSICAL WELL-BEING

The past few years have been incredibly difficult as kids and teens faced school closings, social isolation, heightened uncertainties and more. With the pandemic exacerbating a decade-long rise in youth mental health concerns, it's more important than ever that young people have safe, nonjudgmental adults they feel comfortable approaching about tough topics.

Due to restrictions and disruptions caused by the pandemic, young people experienced higher instances of food insecurity, housing insecurity, isolation, and lack of access to crucial mental health services leading to these rising rates of anxiety and depression. Supporting the physical and emotional health of kids and teens is more important than ever.



ACADEMIC RECOVERY

For over 160 years, Boys & Girls Clubs have prioritized the academic success of youth by cultivating high expectations through supportive relationships and high-yield activities and programs which are designed to empower youth to excel in school and lead healthy, productive lives. Clubs provide a safe space for youth to go when school is not in session, keeping them learning, growing and having fun.

Through the ongoing support of elected officials, Clubs can address the disparate academic impact caused by the COVID-19 pandemic that exacerbated academic inequities, particularly for youth of color, and have yet to close achievement gaps, particularly within these disproportionately impacted communities. Every day, Clubs provide youth with access to vital programming and services around academics and mentoring that give them the tools they need to define their own success.



- A's - 46%
- B's - 37%
- C's - 13%
- D's - 3%
- F's - 2%

Club members (ages 12-17) reported grades

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HOW CAN YOU HELP?

With your generous support, Boys & Girls Clubs of Kern County creates opportunities to help more kids and teens achieve great futures. To make a donation or to learn about other ways you can help, contact Zane Smith, Executive Director, Boys & Girls Clubs of Kern County at 661-325-3730 or by visiting www.bgckc.org.